



ESSIC Annual Meeting 2019

DoubleTree by Hilton Amsterdam Centraal Station

Amsterdam - The Netherlands, 5-7 December 2019

ESSIC PRESIDENT

Jean-Jacques Wyndaele

ESSIC is happy to announce its 2019 Annual Scientific Meeting in Amsterdam, The Netherlands. Bladder Pain Syndrome/Interstitial Cystitis has kept researchers and clinicians focused for decades. In the recent past, tremendous progress has been made in understanding, diagnosing and treating BPS/IC. You will know that ESSIC has been very instrumental in achieving this progress. But there is still a lot to be done. The 2019 meeting in Amsterdam is an ideal forum to present, discuss and make plans. Our meeting is fully focused on this clinical condition, what permits us to go deeper and understand better. We encourage everyone dealing with patients with BPS/IC to participate and, by discussing many different topics, increase your own knowledge and that of colleagues from around the world. The ultimate beneficiary is our patient, and that is what we are all aiming for. I look forward to seeing you in Amsterdam and hope you will bring challenging questions, new findings, criticism and hope for the future. See you there!

MEETING CHAIR

Dick Janssen

Welcome everyone to Amsterdam. This year's ESSIC conference is focused on the multidisciplinary approach to diagnosing and treating BPS/IC patients. I believe we have put together a very diverse scientific programme. Topics will be presented by internationally renowned speakers and our goal is that all attendees will receive the tools and knowledge to be able to provide state-of-the-art healthcare to treat our patients. Personalized treatment and patient participation will therefore be extensively explored during the conference. Enjoy and connect!

ESSIC EXECUTIVE COMMITTEE

Jean-Jacques Wyndaele, President (Antwerp, Belgium)

Mauro Cervigni, Vice President (Rome, Italy)

Natalia Trotta, Observer PCO (Italy)

ESSIC BOARD

Antonella Giannantoni (Siena, Italy)

Philip Hanno (Palo Alto, USA)

Anna Padoa (Tel Aviv, Israel)

Rajesh Taneja (New Delhi, India)

Tomohiro Ueda (Kyoto, Japan)

Andrew Zaitcev (Moscow, Russia)

LOCAL SCIENTIFIC COMMITTEE

Dick AW Janssen (Nijmegen, NL)

Jane Meijlink (Naarden, NL),

Afina Glas (Zaandam, NL)

PRELIMINARY PROGRAMME

DAY 1 Thursday 5 December

12.00	Registration & Welcome Reception	
12.50	Welcome Address J.J. Wyndaele, D. Janssen	10'

13.00-15.05

1st SESSION | Clinical cases, Novel Diagnostics and Therapies

Chairs: A. Glas, P. Hanno

13.00 - 13.30	BPS/IC intro: Diverse clinical cases discussed according to ESSIC guidelines by clinical experts.	P. Hanno	30'
13.30 - 13.45	What to do with non-Hunner Lesion BPS/IC (ESSIC type 2)?	J.J. Wyndaele	15'
13.45 - 14.00	Diagnosis: Subtyping ESSIC type 3 (HL + BPS/IC) different phenotypes & pancystitis?	E. Taubert	15'
14.00 - 14.20	Treatment: Pro / Con : to TUR or to coagulate / ablate Hunner lesions	Y. Logadottir vs. A. Glas	20'
14.20 - 14.35	Treatment: Pharmacological approach	C. Riedl	15'
14.35- 14.50	BPS/IC: where are we now, where are we going and where should we go?	M. Cervigni	15'
14.50 - 15.00	Discussion and questions		10'

COFFEE BREAK 15.00 -15.30

15.30-16.40

2nd SESSION | BPS International

Chairs: S. Lovasz, M. Cervigni

15.30-15.50	Progress of the MAPP Network initiative	J. Clemens	20'
15.50-16.10	Update on the IMI-PainCare (TRiPP) Consortium	F. Cruz	20'
16.10-16.30	ERN eUrogen progress of workstream 2.5 BPS	M. Mancini, S. Bartezzati	20'
16.30-16.45	Experiences from India	R. Taneja	15'

16.45-18.15

3rd SESSION | Free communications Session 1 (abstracts)

Chairs: R. Taneja, A. Zaitcev, J.J. Wyndaele

1	Intratrigoal botulinum toxin – A in refractory patients of painfull bladder syndrome / IC
	Shimpi Rajendra
2	Performing Cysto-Elastometry for Interstitial Cystitis/Bladder Pain Syndrome (IC/BPS) Patients to Assess the Bladder Condition Objectively Without Using a Urodynamic Device
	Sandor Lovasz
3	Diagnostic framework of Bladder Pain Syndrome/Interstitial Cystitis (BPS/IC): between acquired certainties and future perspectives with Diffusion Weighted-Magnetic Resonance Imaging (DW-MRI)

	Porru Daniele, Regina Ceasare, Oworae Howardson Bright, Fiorello Nicolò, Gardella Barbara, Alfredo La Fianza, Fabrizio Calliada, Arsenio Spinillo, Claudio Simeone, Jallous Hussein
4	The level of nerve growth factor in blood and urine in rabbits in experimental models of interstitial cystitis / painful bladder syndrome
	Sholan Rashad
5	Relationships between Nonurological Associated Somatic Syndromes, severity of pain and urinary symptoms in chronic pelvic pain.
	Giannantoni Antonella, Gubbiotti Marilena
6	Efficacy and safety of Palmitoylethanolamide/Polydatin in the treatment of patients affected by Chronic Pelvic Pain
	Giannantoni Antonella, Gubbiotti Marilena
7	Influence of Hibiscus Sabdariffa on urinary comfort, in chronic pelvic pain syndrome
	Jurcau Ramona-Niculina, Jurcau Ioana-Marieta, Colceriu Nicolae-Alexandru, Andercou Octavian
8	Influence of heart rate and glycemia in BPS subjects, in physical stress
	Jurcau Ramona-Niculina, Jurcau Ioana-Marieta, Popovici Cornelia, Kiss Mihai
9	Mental stress modulation, with Ginseng, for subjects having chronic pelvic pain syndrome
	Jurcau Ramona-Niculina, Jurcau Ioana-Marieta, Colceriu Nicolae-Alexandru, Kwak Dong Hun
10	Immune cell profiles and cytokine levels of patients with Interstitial Cystitis/Bladder Pain Syndrome
	Robert Moldwin, Vishaan Nursey, Michael Funaro, William DeGouveia, Sonia Bahlani, Souhel Najjar, Inna Tabansky, Joel N.H. Stern,4

DAY 2 Friday 6 December

08:45-09:00	Summary Day 1	J.J. Wyndaele	15'
-------------	---------------	---------------	-----

09.00-10.00

4th SESSION | Multidisciplinary Approach, Part 1

Chairs: D. Janssen, J. Meijlink

09.00 - 09.15	Urologist	R. Moldwin	15'
09.15 - 09.30	Anesthesiologist / pain team; pharmacological pain management and nerve blocking	W. Rezvani	15'
09.30 - 09.45	BPS/IC and comorbid diseases		15'
09.45-10.00	Gastro-enterologist: IBS & Bowel Management, Diet	H. de Schepper	15'

COFFEE BREAK 10.00 – 10.30

10.30-11.30

5th SESSION | Multidisciplinary approach, Part 2

Chairs: R. Moldwin, E. Taubert

10.30- 10.45	Psychologist; cognitive behavioral therapy	M.C. Gori	15'
10.45-11.00	Sexuologist; sexual dysfunction in BPS/IC	K. Whitmore	15'
11.00 - 11.15	What can we learn from a specialized nurse	R. Pothoven	15'
11.15-11.30	Pelvic Floor Physiotherapist; (general, triggerpoint therapy)	F. Hogen-Esch	15'

11.30-12.45

6th SESSION | Multidisciplinary approach, Part 3

Chairs: C. Riedl,

11.30-11.45	How to set up a multidisciplinary team for optimal care: Experiences from the Netherlands	E. Arendsen	15'
11.45-12.00	Multimodality treatment : is it better, what are the practical barriers?	A. Glas	15'
12.00-12.45	Expert panel: complex cases; put the multidisciplinary team to work.	M.Cervigni, F. Hogen-Esch, E. Arendsen	45'

LUNCH 12.45 – 13.45

13.45-15.15

7th SESSION | Basic Science & Novel Hypothesis

Chairs: A. Giannantoni, L. Birder

13.45 - 14.00	What is new in pathophysiology?	L. Birder	15'
14.00 - 14.15	GAG's and bladder barrier	J. Heesakkers	15'
14.15 - 14.30	Microbiome: involvement in BPS/IC?	D. Janssen	15'
14.30 - 14.45	Neuroinflammation	B. Messelink	15'

14.45 - 15.00	New (neuro)stimulation and modulation techniques	P. van Kerrebroeck	15'
15.00 - 15.15	Molecular mechanisms of cellular activation in chronic inflammatory diseases	F. Redegeld	15'

15.15-16.00

8th SESSION | Practice Points

Chairs: A. Padoa, P. v Kerrebroeck

15.15 - 15.35	Adequate research designs for BPS/IC that convinces Authorities, a novel way of thinking (Keynote)	T. Hoogeboom	20'
15.35 -16.00	Panel: Research Issues and Consequences Topics: failed /early terminated medical trials; Pt involvement in research; Placebo effects in research.	JJ Wyndaele (chair), P. Hanno, D. Janssen, J. Meijlink, L. Nasta, V. Ratner	25'

16.00 - 16.30 COFFEE BREAK

16.30-16.45	The new ICD-11 proposed classification of pain for abdominal and pelvic pain	M.A. Giamberardino	15'
16.45-17.00	OAB and BPS	R. Moldwin	15'
17.00-17.15	Botulinum toxin treatment for BPS/IC	R. Pinto	15'
17.15-17.35	Gynecologist & BPS/IC; vulvar pain syndromes, endometriosis	M. Cervigni	20'

17.35 – 18.35 ESSIC Annual General Meeting

Chair : JJ Wyndaele

DAY 3 Saturday 7 December

07.00 - 09.00 | Closed ESSIC committee member meetings (only for committee members)

09.00-10.00

9th SESSION | Free Communications Session 2 (abstracts)

Chairs: P. Hanno, K. Whitmore

11	An Urgent Case for Sensory Urgency
	Meijlink Jane
12	How Social Media can be used to run a Patient Support Group
	Basu Balaka
13	Creating An Advocacy Footprint in Canada
	Benshabat Gail, Shainhouse Marnie
14	Experience of group psychotherapy on air in interstitial cystitis
	Nasta Loredana, Cervigni Mauro, Cesaroni C, Di Falco R, Miani I, Bartezzati Serena, Giusti E, Gori Maria Cristina
15	Results of an extended patient survey from the Dutch BPS patient association to identify their patient's needs.
	Scholtes M.J.M.J., Andriesse-Walhain H.M.T., Meijlink J.M., van Dijk J.M., Vroonland E., Janssen D.A.W.

10th SESSION | Simultaneous Workshops

	Workshop 1 – ESSIC Committees
10.00 - 10.20	Guideline Committee Chair: P. Hanno Classification & Diagnostic Committee Chair: M. Cervigni
10.20 - 10.40	Education Committee Chair: R. Taneja
10.40 - 10.50	Scientific Committee Chair: J.J. Wyndaele
10.50 - 11.10	Patient Advocacy Committee Chair: V. Ratner, L. Nasta
11.10 – 11.30	Open panel discussion, what can we do to increase the impact of ESSIC (Action points: stimulate science, international collaboration basic & clinical research)

	Workshop 2 – Physiotherapy Chair J. Quaghebeur
10.00 - 10.10	Introduction - J. Quaghebeur
10.10 - 10.30	BPS and pelvic floor - J. Quaghebeur
10.30 - 10.50	Relaxation - M. Slieker-ten Hove
10.50 - 11.10	Electrostimulation - J. Roenen
11.10 – 11.30	Genito- pelvic pain/penetration disorder (dyspareunia , vaginismus) physio treatment A. Vermandel

	Workshop 3 – Hand-on workshop Chair: S. Lovasz, J. Fariello, R. Pothoven
10.00 - 10.20	What makes the role of the nurse special in BPS/IC – J. Fariello
10.20 - 10.45	Introduction into bladder instillations - Preparing products & GAG scheme - S. Lovasz
10.45 - 11.00	Catheterization - R. Pothoven
11.00 - 11.25	PTNS & TENS

A discussion or debate might follow after lectures

11.30 – 12.00 | Souvenir Session
Take Home Messages ESSIC 2019 & Closing Remarks
D. Janssen & J.J. Wyndaele

NON DISCUSSED POSTERS

1	Chronic pelvic pain syndrome: understanding the clinical profile
	Singh Prabhjot, Nayak Brusabhanu
2	Emotional impact and Interstitial Cystitis/Bladder Pain Syndrome: cross-sectional study on Italian population
	Di Giacomo Dina, Ranieri Jessica, Nasta Loredana, Moscato Selenia, Guerra Federica, Passafiume Domenico
3	Fulguration of Hunner's & Non-Hunner's Lesions in Interstitial Cystitis/Bladder Pain Syndrome Provides Complete Relief from Bladder Pain Symptoms: Case Series
	Yaiesh Said, Malallah Mariam, Al-Terki Abdullatif, Al-Shaiji Tariq

Invited Faculty

Erik Arendsen, The Netherlands

Serena Bartezzati, Italy

Lori Birder, USA

Mauro Cervigni, Italy

James Quentin Clemens, USA

Francisco Cruz, Portugal

Hennie de Schepper, Belgium

Jennifer Fariello, USA

Maria Adele Giamberardino, Italy

Antonella Giannantoni, Italy

Afina Glas, The Netherlands

Maria Cristina Gori, Italy

Philip Hanno, USA

John Heesakkers, The Netherlands

Fetske Hogen-Esch, The Netherlands

Thomas Hoozeboom, The Netherlands

Dick Janssen, The Netherlands

Yr Logadottir, Sweden

Sandor Lovasz, Hungary

Mariangela Mancini, Italy

Jane Meijlink, The Netherlands

Bert Messelink, The Netherlands

Robert Moldwin, USA

Loredana Nasta, Italy

Anna Padoa, Israel

Rui Pinto, Portugal

Ria Pothoven, The Netherlands

Jorgen Quaghebeur, Belgium

Vicky Ratner, USA

Frank Redegeld, The Netherlands

Wafa Rezvani, The Netherlands

Claus Riedl, Austria

Joelle Roenen, Belgium

Mathilde Scholtes, The Netherlands

Marijke Slieker-ten Hove, The Netherlands

Jan Tack, Belgium

Rajesh Taneja, India

Erich Taubert, The Netherlands

Philip Van Kerrebroeck, The Netherlands

Alexandra Vermandel, Belgium

Kirstene Whitmore, USA

Jean-Jacques Wyndaele, Belgium

Andrew Zaitcev, Russia

General Information

VENUE

DoubleTree by Hilton Amsterdam Centraal Station

Oosterdoksstraat 4, 1011 DK Amsterdam

UEMS/EACCME ACCREDITATION | CREDITS FOR EUROPEAN HEALTHCARE PROFESSIONALS

The ESSIC Annual Meeting 2019, Amsterdam, Netherlands, 05/12/2019-07/12/2019 has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with 10 European CME credits (ECMEC®s). Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

REGISTRATION

Send registration form to the organizing secretariat together with the receipt of payment, made before 20th November 2019. After this date, registration will still be possible during the event, until reaching the maximum number of participants.

REGISTRATION COSTS

	Until 31 st July	After 31 st July
<i>MD, MhD</i>	€ 200	€ 300
<i>MD, MhD – ESSIC Members</i>	€ 150	€ 250
<i>Nurse & Care Workers</i>	€ 100	€ 200
<i>Students & Residents</i>	€ 50	€ 50
<i>Patients</i>	€ 50	€ 50

Registration Fee is meant for each person, in Euros, VAT free. The registration fee includes certificate of attendance, CME related forms, coffee breaks and lunch, free entrance to the exhibition area. For group registration, please contact the Organizing Secretariat in order to take advantage of registration package. On site rates will be charged to registrations received after 20th November.

ABSTRACT SUBMISSION

The Abstract Submission deadline is 10th September 2019.

Papers can be submitted through the online system available at www.essicmeeting.eu

HOTEL

For hotel reservations, please contact the organising secretariat.

Amsterdam is always very busy. We would therefore suggest to secure your room as soon as possible.

Contact essic@defoe.it for further information.



PCO AND CME PROVIDER

Tel.: +39.0523.338391 – Fax: +39.0523.1860018 essic@defoe.it – www.defoe.it